



## Fees and Insurance

### Insurance

Email [info@abbottnd.com](mailto:info@abbottnd.com) or call 206-848-9443 to see if Dr. Abbott takes your health insurance. Several health insurance companies are currently in the process of contracting with Dr. Abbott, and information regarding insurance acceptance is being updated.

**Accepted Insurances include:** Most insurances affiliated with ASH, ChooseHealthy Program, Cigna, First Choice, Global, Health Net Health Plan of Oregon, Heritage, Humana Medicare HMO plan, LifeWise, Premera and associated Blue Cross plans, Providence, United Health Care, and Wellcare.

### Self-Pay

If you become a new patient in the months of October and December 2024, self-pay rates are discounted and continue through the end of 2024! See information for visit costs below:

	Details	Price	Discounted price in June
Initial visit	60-90 minutes	\$225	<b>\$150</b>
Follow up visit: simple	15 minutes or less	\$100	<b>\$50</b>
Follow up visit: low complexity	16-29 minutes	\$130	<b>\$100</b>
Follow up visit: Moderate complexity	30-44 minutes	\$150	<b>\$100</b>
Follow up visit: high complexity	More than 45 minutes	\$160	<b>\$100</b>

### Financial Assistance:

Please reach out if you need additional financial assistance.